

# Guideline for Special Needs Pets

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## OLDER OR LESS ACTIVE

Azmira<sup>®</sup> formulas contain easy-to-digest protein sources which are easier on the kidneys and are ideal for the aging or slowing animal.

### CATS:

- Cats generally will regulate their own feeding. As they begin to age and become less active they usually will naturally begin to eat less. If you need to regulate a cat's diet, you can reduce the amount fed by 10-25%. See recommendations below for dogs.

### DOGS:

- Dogs should have their diet regulated as they slow down -- you may need to feed 10-25% less per day.
- If needed, add grated raw vegetables to increase daily fiber intake.
- Moisten kibble to help with chewing and add canned food.
- If needed, feed smaller meals three times per day to aid in digestion.
- Digestive enzymes may be helpful as the dog naturally lose their own.
- Always add more water to food -- older pets tend to drink less on their own.

## OVER OR UNDER WEIGHT

### CATS:

- Cats generally will regulate their own feeding. If not, feed at least twice daily.
- If the cat is not regulating their own feeding, feed according to desired weight.
- Add grated raw vegetables, as extra bulk, if needed to lose additional weight and to increase the feeling of fullness.
- Add additional protein and carbohydrates if needed to facilitate weight gain.

### DOGS:

- It is important to feed according to desired weight. Follow the recommendations on the Azmira label.
- If needed, add grated raw vegetables, as extra bulk, to increase daily fiber intake and to increase the feeling of fullness.
- Add additional protein and carbohydrates if needed to facilitate weight gain.
- Feed at least two times per day to increase assimilation.

## PREGNANT OR LACTATING

- Pregnant or lactating cats should be fed as if they were kittens. This also applies to dogs; they need to be fed as if they were puppies in order for them to get the necessary amount of nutrients to support their offspring. It may also be necessary to allow the animal to "free feed" during this time. Feeding or grazing throughout the day allows better assimilation.

## RECOVERY

- If an animal is recovering from treatment or an injury, you should mix a small portion of Azmira canned formula with warm, not hot, water or goat's milk to form a very liquid gruel (approximately one part canned formula to three parts warm water).
- Add more food each day of recovery, remembering not to exceed the recommended daily feeding guidelines.
- Add additional liquid to food because pets in this condition tend to drink less.
- If needed, add grated raw vegetables to increase daily fiber intake.
- Moisten kibble to help with chewing and add canned food.
- If needed, feed smaller meals three times per day to aid in digestion.

## ALLERGIES & OTHER SYMPTOMS

- We have found that blood sugar and nutrient levels drop between feedings. This drop may trigger symptoms. If an animal suffers from chronic symptoms, it is advisable to feed smaller, more frequent meals to maintain the body. Always feed at least two times per day.

## ABOUT THE AUTHOR

Dr. Newman holds a Doctor of Naturopathy and a Doctor of Philosophy (in Holistic Nutrition) and has been a world renowned pioneer in the field of natural pet care. The author of nine books, including her latest, *'Three Simple Steps to Healthy Pets: The Holistic Animal Care LifeStyle®'*, Dr. Newman is also the formulator of Azmira Holistic Animal Care® products and diets.



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